

# The View From the Top

## What the Markets Look Like at a Potential Top of the Rate Cycle

January 2024

Investors' 2023 New Years' resolution was apparently to forgive and forget their travails of 2022, as global markets spent 2023 shrugging off the prior years' anxieties. Excluding emerging East Asia, major global markets have already fully recovered from their losses related to the inflation induced rate cycle kicked off in early 2022 (**Chart 1**). Last decade's laggard in Latin America, is by far the biggest winner to date with gains of over +45% in the past two years, followed distantly by India (+11.1%) and then the U.S. (+3.4%). Only China, among major markets, did not recoup any of its losses in 2023.

To many, there is good reason to discount the prior pessimism as it appears that the U.S. Federal Reserve and perhaps the European Central Bank (ECB) are both on the verge of declaring victory in bringing inflation down (albeit above the 2 percent target for both), without crushing the economy. But while it does seem probable that we have seen peak policy rates in the U.S. (for now), inflation, especially from wages and housing, remains quite sticky. Should inflation continue to persist above the Fed's target of 2% (or even much higher), the impact of higher debt costs will increasingly be felt by borrowers globally. In this 'higher-for-longer' scenario, where policy rates remain above at least 3.5% for multiple years, we look at where the most risk and/or pain will be felt by the ongoing costs of leverage, and the implications for allocators.

While we would not be surprised to see some moderation in U.S. policy rates in 2024, and we accept that any reduction in rates from present levels should benefit risk assets in the short run, we are less sanguine that the market has yet to fully digest the implications of higher medium to long-term rates. Here we are mindful to look at the risks from two different vectors. First, the risk to earnings given debt costs that are 2-3x larger today than they were in 2021. Second, the risk to valuations given the opportunity cost of equity (public and private) allocations vis a vis fixed income and other areas of credit with higher available yields.

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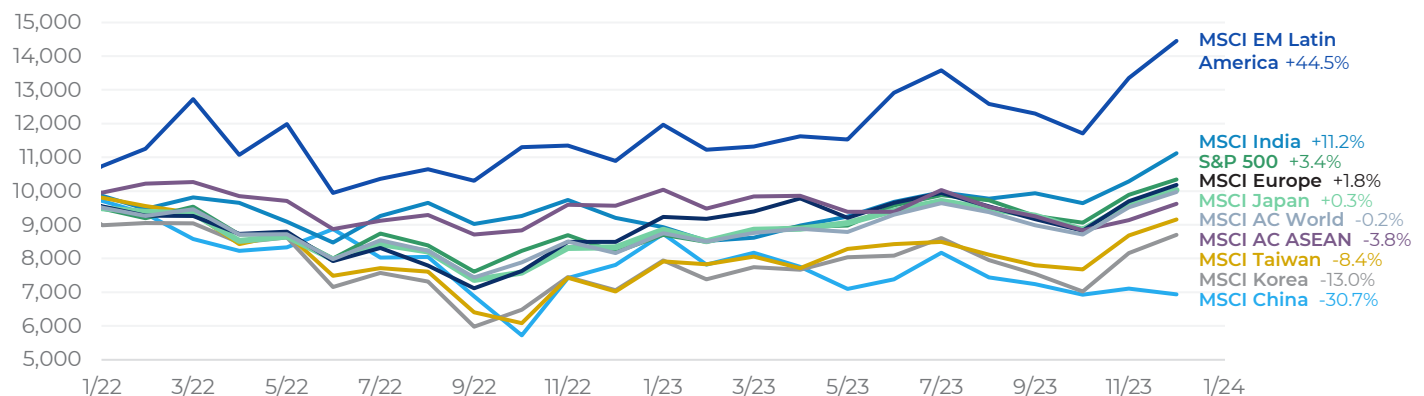


**Tina Byles Williams**

CEO & CIO | Founder



**Chart 1** Major Market Cumulative Returns 2022-2023  
As of Dec 2023



Source: FactSet Research Systems



## Sticky Rents + Sticky Wages = Sticky Inflation

By far, the biggest single component of the PCE price index that is used primarily by the Federal Reserve (“Fed”) to judge inflation, is housing costs (about one third of the index). While the PCE’s housing components are still falling, the Zillow Rent Index, which boasts more real time observations and is widely looked at as a likely leading indicator (at least directionally) for the PCE measure has recently plateaued and even begun to rise again. Since settling into a multi-year low of +3.21% yoy in September 2023, it has since reversed and is up +3.7% from the September lows ([Chart 2](#)).

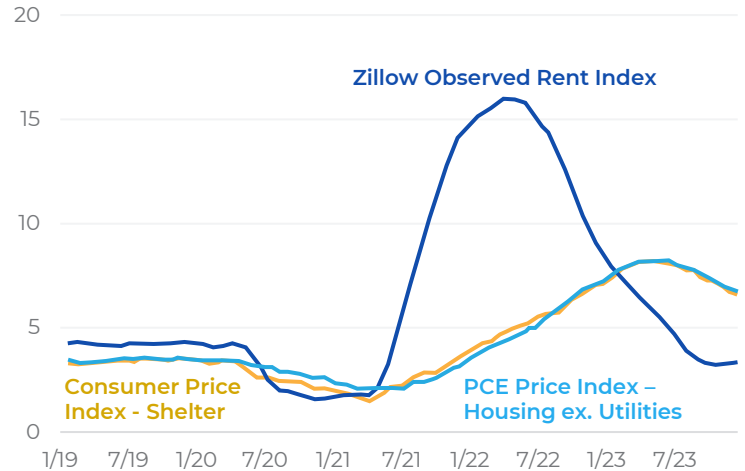
Home prices, which also tend to be a leading indicator of rents, after falling from a peak of over 8% and plummeting down to 0% have recently begun climbing again and are now at +3.9% in the Case-Shiller index ([Chart 3](#)) and +2% in the Zillow home price index ([Chart 4](#)).

This strength in the housing market has been buoyed by a historic upturn in household formation ([Chart 5](#)) that appears based on long duration changes in demographics and consumer preferences (especially an increased desire for Baby Boomers to “age-in-place”) that does not look likely to change in the coming 3-5 years, at least.

Meanwhile wages have also shown strong signs of strength ([Chart 6](#)) amid a recent rebound in job creation ([Chart 7](#)). This in turn puts pressure on services ([Chart 8](#)), which given recent data is annualizing at nearly +6% annualized.

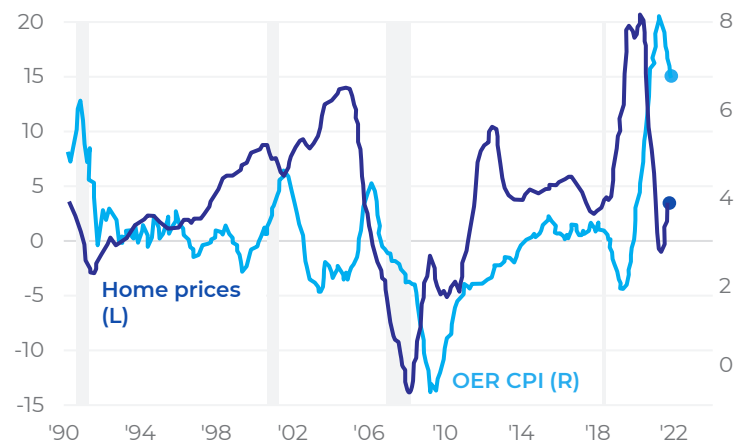
All this leads us to distrust the market expectations for 1.5%+ of rate cuts by the end of 2024 and instead to put more weight on Fed’s own dot plots ([Chart 9](#)) that portend policy rates of no less than 3.5% by the end of 2025.

**Chart 2 | Zillow Rents Have Already Bottomed and Are Ticking Up YoY, As of 2023**



Source: MacroMicro

**Chart 3 | Home Prices Lead Owners Equivalent Rent CPI**  
Case-Shiller National home price index vs Owners equivalent rent CPI, % YoY, As of 2023



Source: PGM Global (Case-Shiller, BLS data via Bloomberg)  
Shaded areas = U.S. recessions

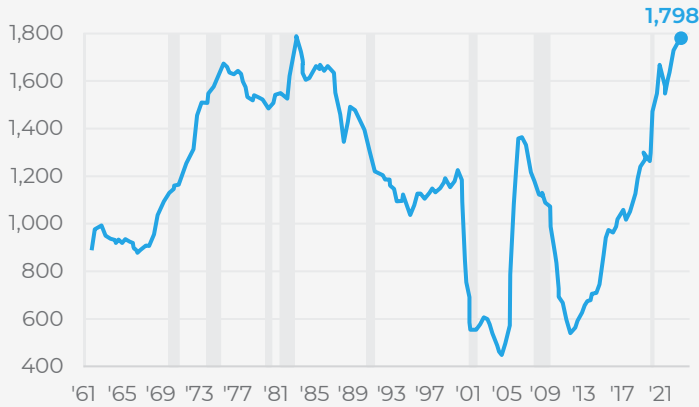
**Chart 4 | Zillow Home Value Index**  
As of 2023



Source: Zillow

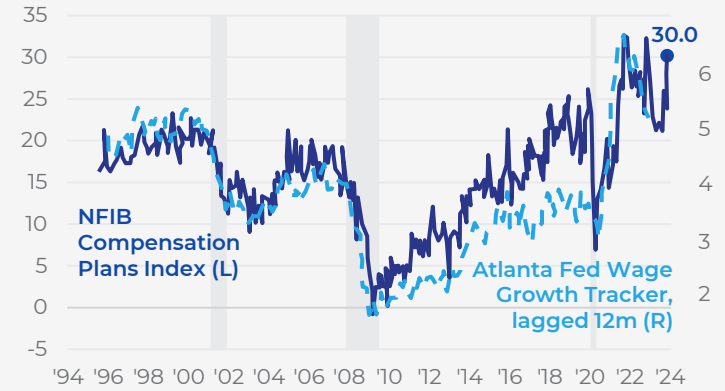


**Chart 5** | Strong Household Formation Is Buoying the Housing Market  
U.S. Household formation, net-yearly change, thousands, 20q MAV



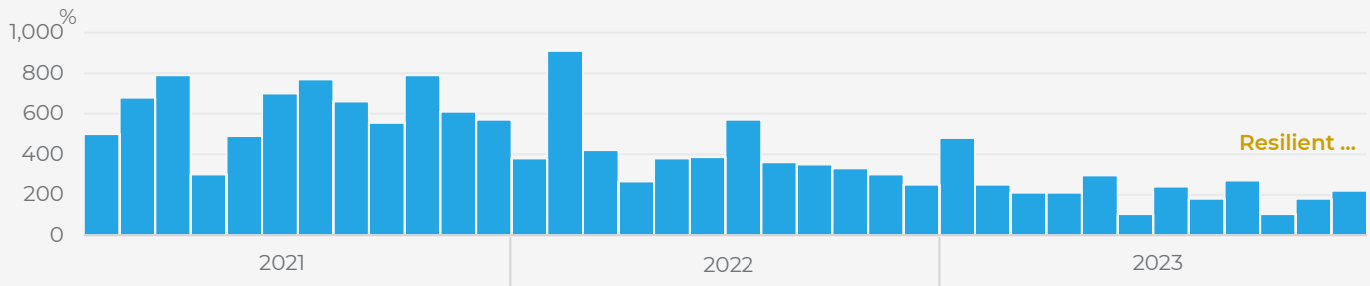
Source: PGM Global (data via Bloomberg)  
Shaded areas = U.S. recessions

**Chart 6** | Small Business Wages Signal Broader Wage Growth  
NFIB Compensation Plans Index (L) and Atlanta Fed Wage Growth Tracker, lagged 12m (R)



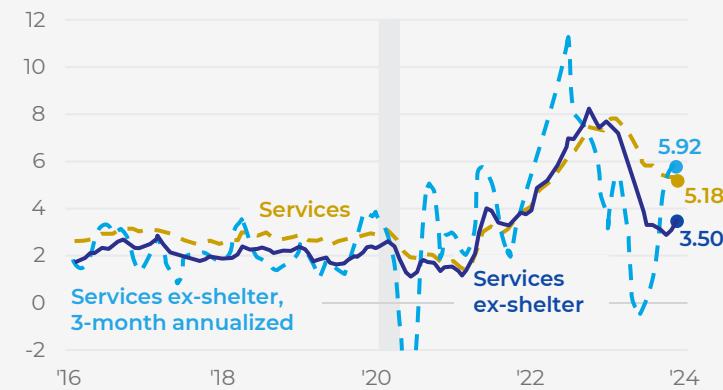
Source: PGM Global (NFIB and Atlanta Fed data via Bloomberg)  
Shaded areas = U.S. recessions

**Chart 7** | US Monthly Non-farm Payroll Growth  
As of 2023



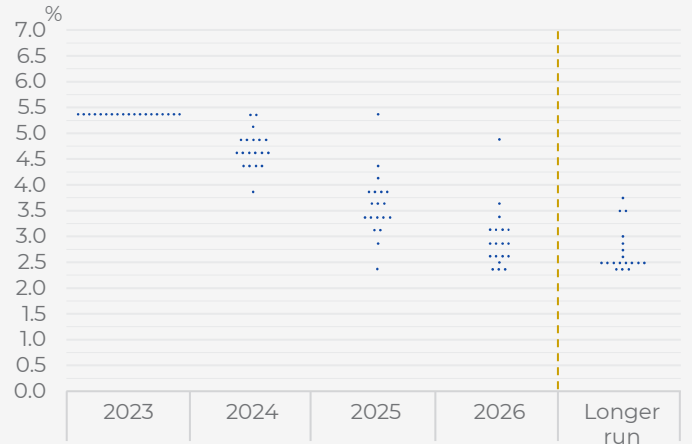
Source: BCA Research

**Chart 8** | Services Inflation Has Reaccelerated  
US Services CPI, %YoY, SA



Source: PGM Global (BLS data via Bloomberg)  
Shaded areas = U.S. recessions

**Chart 9** | FOMC Participants' Assessments of Appropriate Monetary Policy  
Midpoint of target range or target level for the federal funds rate



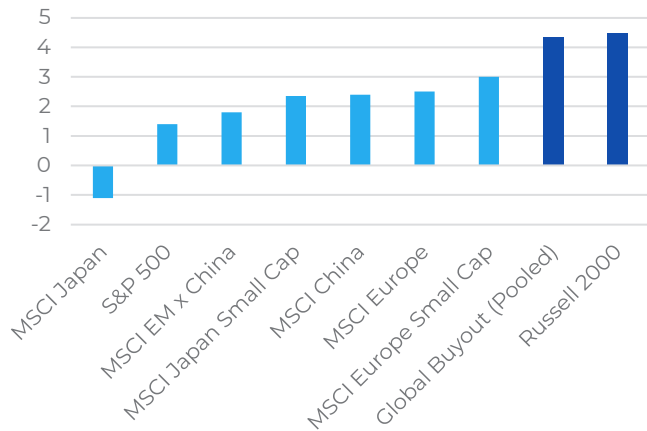
Source: Federal Reserve<sup>1</sup>



## The Burdens of Debt

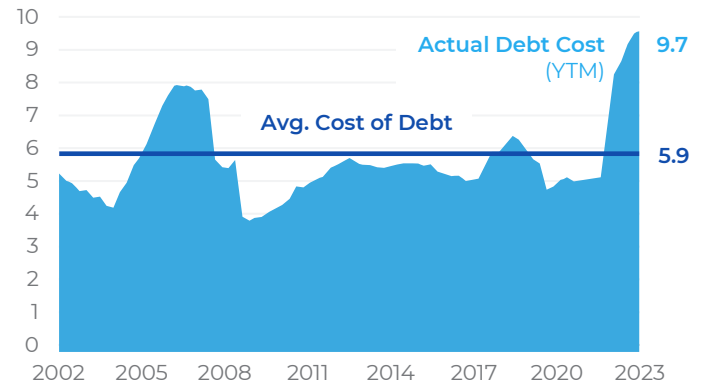
Looking across global markets, we can see that the largest debt burdens are in U.S. small cap and private markets, while Japan and U.S. large caps seem (on average) much more favorably positioned (Chart 10). But even among equally as indebted cohorts, their debt structures are quite different. Private equity linked firms have a large preponderance of their debt in variable-rate debt, while small cap stocks have much higher levels of fixed-rate debt, with nearly half of that debt still yet to mature for another two years or more (see Chart 11). This means that pain for private equity-held earnings has mostly already occurred, where debt costs have doubled in just the past two years (see Chart 12).

**Chart 10** | Net Debt/EBITDA  
Major Markets



Source: Bloomberg; Burgiss

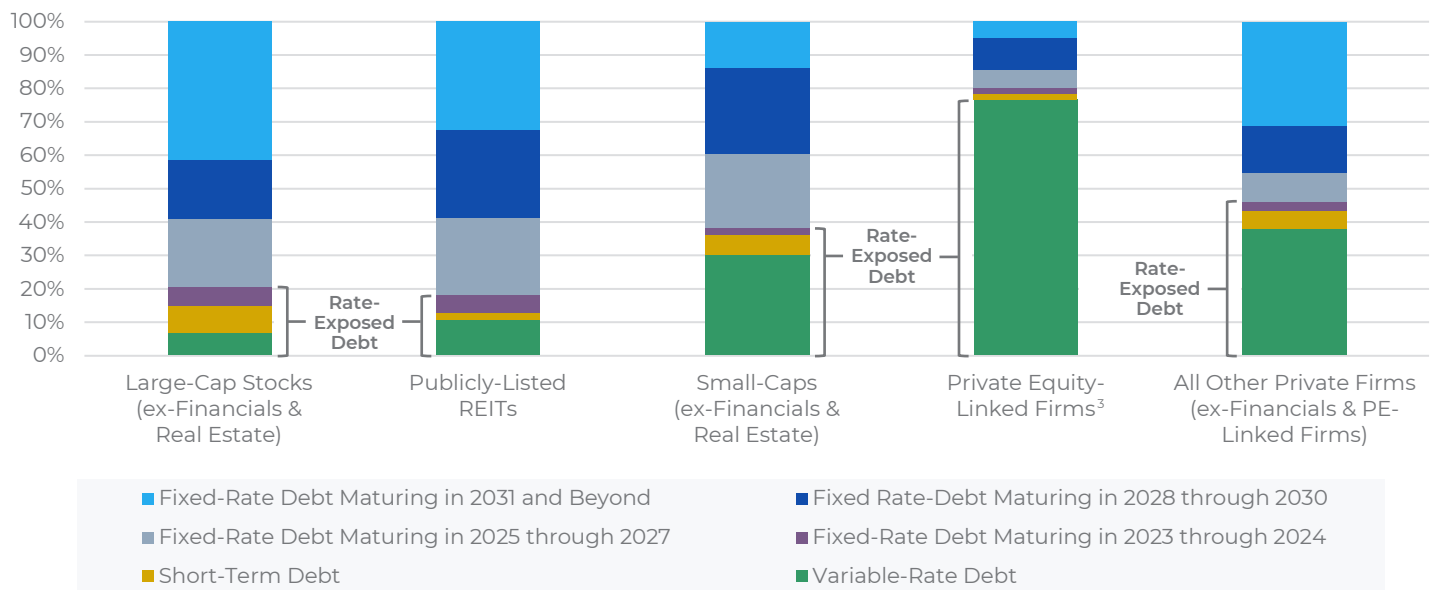
**Chart 12** | Cost of Leverage in Private Equity  
%, As of 9/30/2023



Past Performance is not indicative of future performance. Cost of debt reflects average cost of debt for U.S. sponsored deals.

Source: LCD Comps and S&P CapIQ<sup>4</sup>

**Chart 11** | Large- and Small-Capitalization Stocks and Private Equity-Linked Firms Debt Structure<sup>2</sup>  
%, As of Late-December, 2023



Source: Mortgage Bankers Association, Pitchbook, Empirical Research Partners Analysis<sup>4</sup>



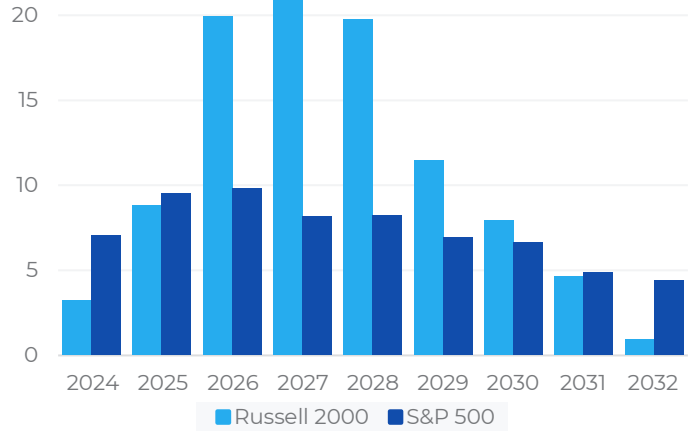
Within U.S. small caps, the bulk of the maturity wall will begin to hit in 2026 (Chart 13), though already the impairment to earnings of higher rates is being felt but will get much worse if rates persist at current levels (Chart 14).

In Europe, small cap stocks face even more imminent maturity walls (see Chart 15), though the disparity with large caps is not so great in the coming years as in the U.S. market. Moreover, European yields largely remain below their American counterpart, thus reducing the relative earnings impact. However, within Europe debt structures vary widely across the continent, with much higher levels of variable rate financing in countries like Spain and Italy (closer to U.S. small cap levels) while French and German companies debt stock is more akin to U.S. large caps in relying on longer-term fixed rate financing (Chart 16). In this way, the earnings impact of higher debt costs is already better reflected in the financials of southern European companies than their northern European counterparts.

This may explain some of the huge uptick in consumer sentiment variation across the Eurozone, which has shot up over the past two years (Chart 17).

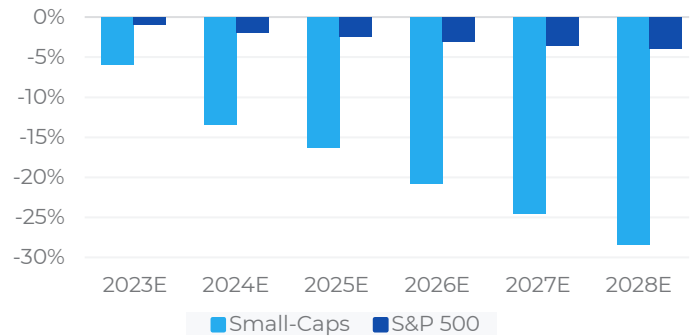
Beyond the drags to profitability is the potential drag on sales emanating from the broader economic lags of higher rates. The Chicago Federal Reserve recently updated its own projections, which forecast a reduction of GDP growth by 3% over what would have been achieved absent the Fed's policy moves (Chart 18).

**Chart 13** Russell vs. S&P 500 Debt Maturity Schedule  
%, Share of debt maturing for S&P 500 and Russell 2000 firms



Source: PGM Global (data via Bloomberg)

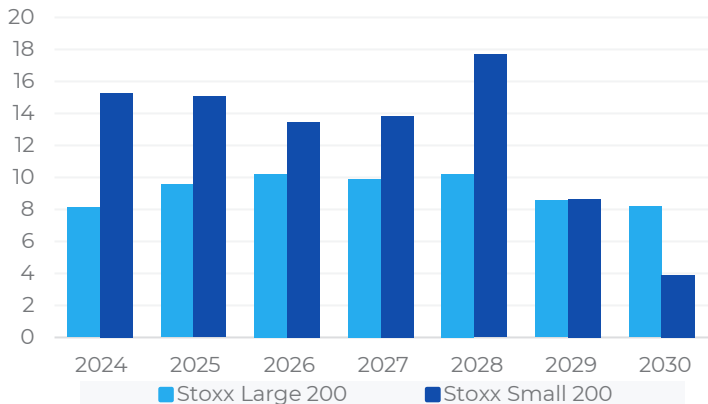
**Chart 14** S&P 500 and Small-Capitalization Stocks (ex-Financials) %, As of mid-October 2023



NOTE: After-Tax impact of aggregate incremental interest expense on net profit margins<sup>5</sup> as a percentage of current margins assuming a 4.5% ten-year treasury bond yield.<sup>6</sup>

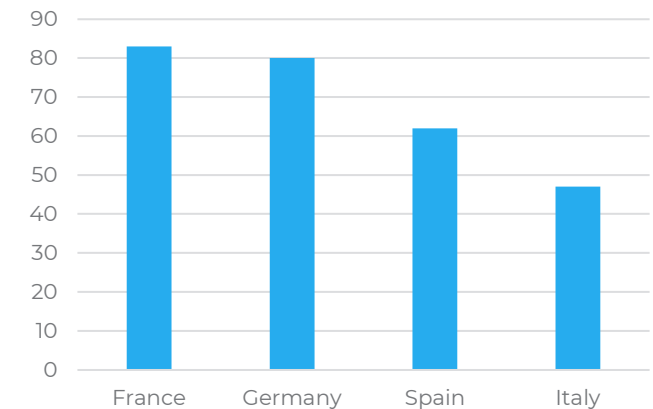
Source: Empirical Research Partners Analysis.

**Chart 15** Debt Maturities for European Large and Small Caps % of total, Debt maturities by year for Stoxx Large 200 and Small 200 firms, ex-financials



Source: PGM Global (data via Bloomberg)

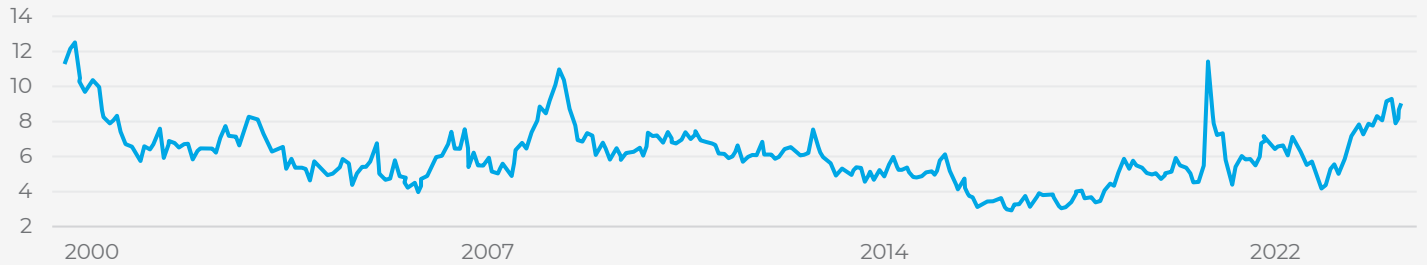
**Chart 16** Debt Structure of Non-Financial Corporations % of Fixed Rate, As of end of 2021



Source: Banque de France

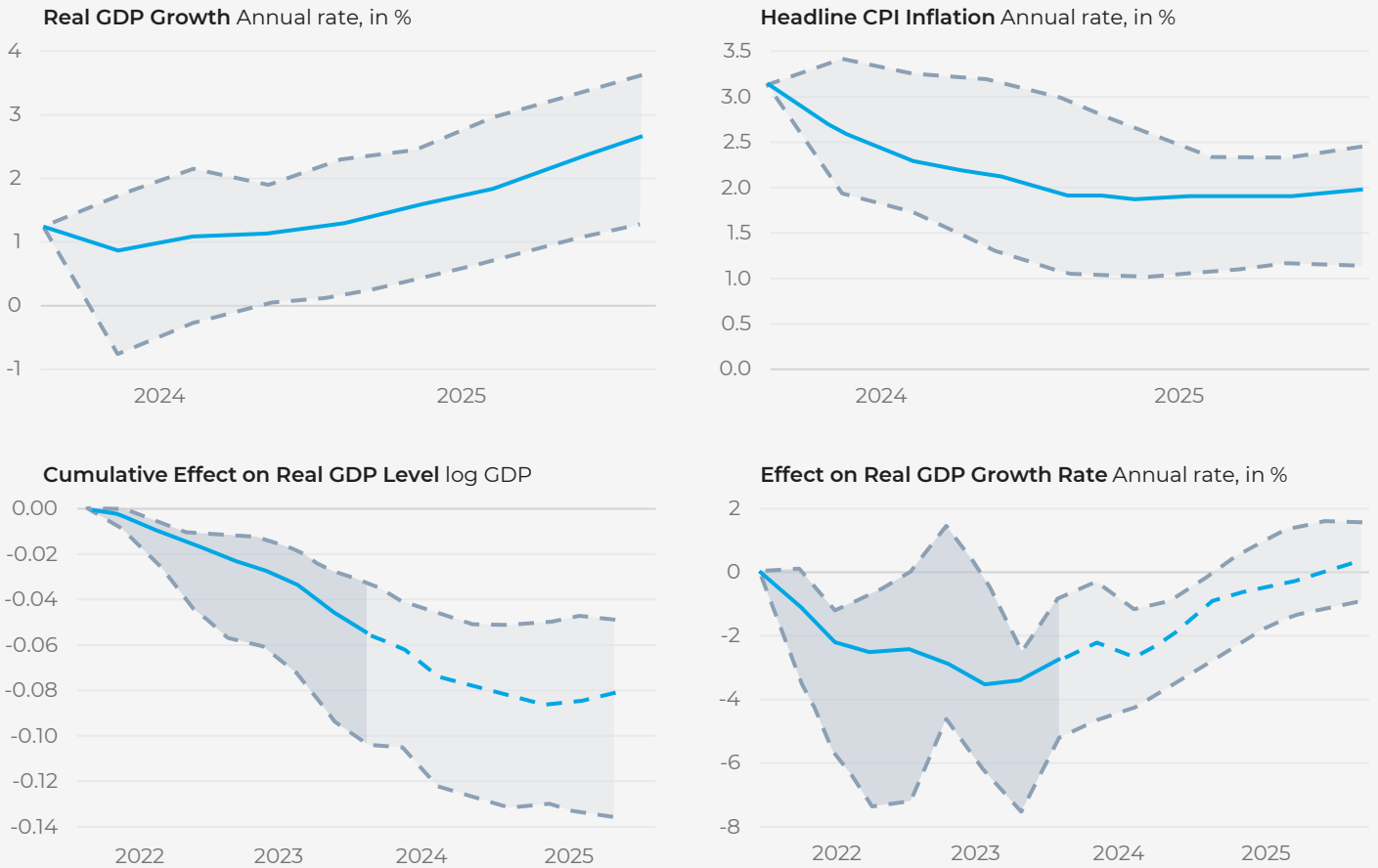


**Chart 17** | **Variation in Consumer Sentiment Is at a Cyclical High in Europe**  
 Cross-country Standard Deviation of European Consumer Sentiment Surveys, As of September 30, 2023



Source: Deutsche Bank, Eurostat, European Commission's Economic Sentiment Index

**Chart 18** | **Fed Models Still Forecast Slower Growth, Even as They Hope for a Soft Landing<sup>7</sup>**  
 As of the Third Quarter of 2023

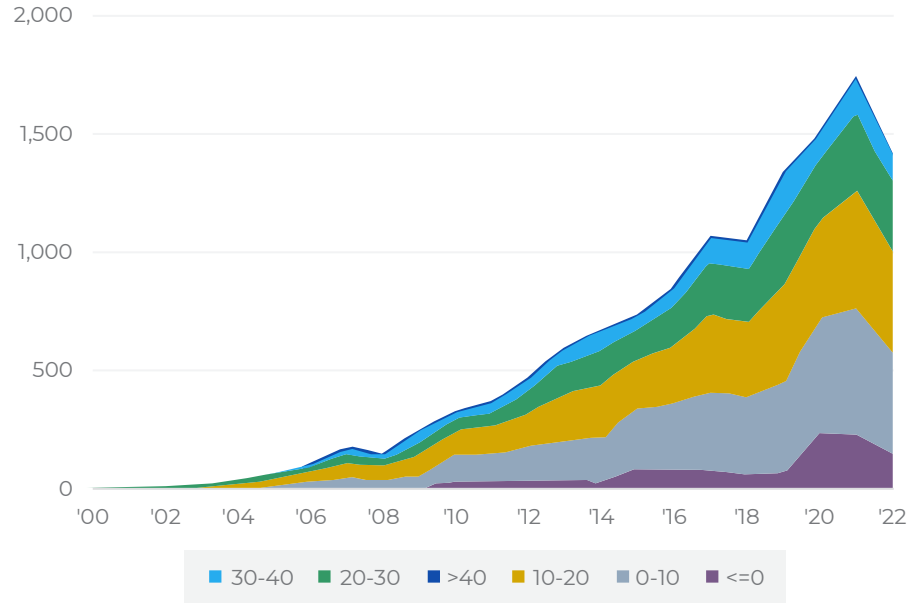




## Opportunity Costs

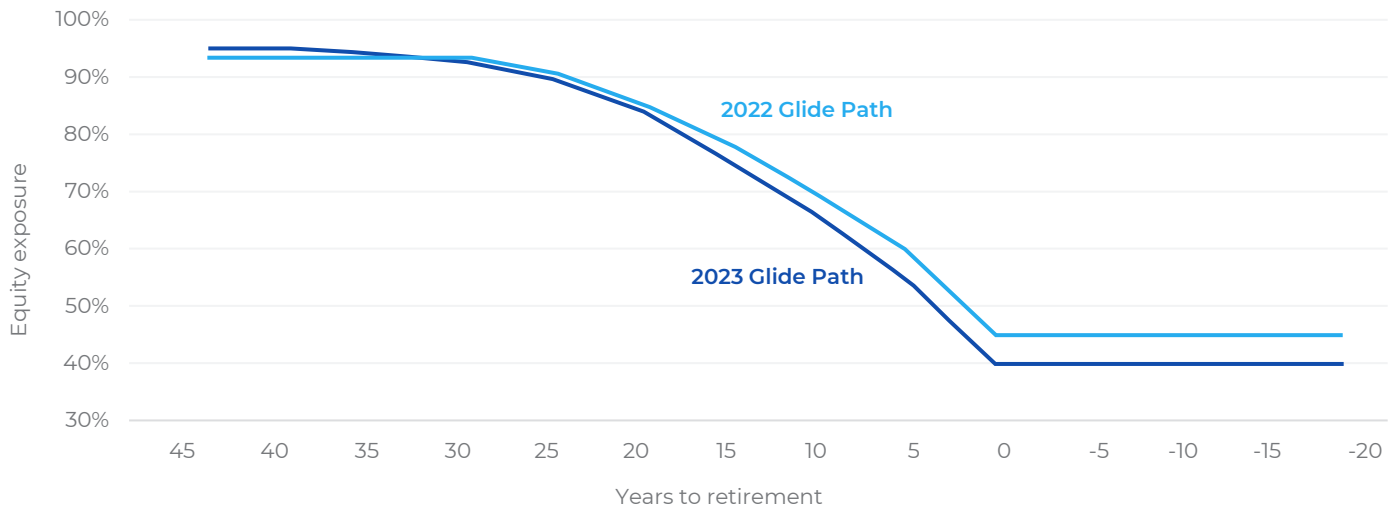
The risks to profitability and earnings come at a time when demand for public and private equities also faces headwinds, given the increased attractiveness to bonds and credit. News reports, outlooks, and other asset allocation announcements are rife with either outright increases to credit allocations, accelerations in the periodicity of asset allocation decisions (e.g. changing governing documents to make for asset allocation reviews more frequent), or public acknowledgements of ongoing reviews. Almost a third of assets in target-date funds are held by savers past or nearing retirement age and thus the incremental demand for equities is shrinking (see [Chart 19](#)). This is before the potential effects of target date funds themselves changing their own asset allocations, such as PIMCO recently announced for their own target date funds ([Chart 20](#)). Even Pitchbook, the Morningstar owned service that caters largely to private equity and venture capital investors, in updating their own efficient frontier models for “the minimum risk portfolio that is expected to achieve a 7% return” assesses that “the allocation to core bonds increases from 0% to 45%. This analysis suggests that allocators should be motivated to de-risk their portfolios from a strategic perspective and potentially wait for more attractive entry points for riskier assets...”<sup>10</sup>

**Chart 19** | \$1.5 Trillion in Target Date Funds (TDFs) Is Dominated by Older Workers \$ billion



Source: NBER<sup>9</sup>

**Chart 20** | PIMCO Recently Lowered Their Equity Exposure Glide Path<sup>11</sup> for Their Target Date Funds



Source: PIMCO and Morningstar



<sup>1</sup> <https://www.federalreserve.gov/monetarypolicy/files/fomcprotabl20231213.pdf>

<sup>2</sup> Rate-exposed debt is short-term debt plus variable-rate debt plus fixed-rate debt maturing in 2023 or 2024

<sup>3</sup> PE-linked firms are the portfolio companies of private equity firms plus LBOs. Excludes the private equity firms themselves.

<sup>4</sup> <https://www.commonfund.org/cf-private-equity/the-rising-cost-of-debt-impact-on-private-equity>

<sup>5</sup> Incremental interest expense assumes that all short-term and variable rate debt pays the new interest rate immediately and fixed-rate debt is rolled over at the new interest rate as it becomes due.

<sup>6</sup> The hypothetical borrowing cost is assumed to be the Treasury bond yield plus the current investment grade corporate spread of 1.3 percentage points. For small-caps, the current spread in effective borrowing costs over the S&P 500 of 1.5 percentage points is also added. Interest tax shield based on the marginal all-in Federal and state corporate tax rate of 2.7%.

<sup>7</sup> Notes: In the panels of this figure, the solid black lines depict the forecasts for real gross domestic product (GDP) growth and headline Consumer Price Index (CPI) inflation. The shaded regions surrounding the solid black lines are the interquartile ranges based on the uncertainty associated with our estimates from the D'Amico and King (2023) model. See the text for further details. Sources: Authors' calculations based on data from the Federal Reserve Bank of St. Louis, FRED; and Wolters Kluwer, 'Blue Chip Economic Indicators,' from Haver Analytics.

<sup>8</sup> <https://www.chicagofed.org/publications/chicago-fed-letter/2023/483>

<sup>9</sup> [https://www.nber.org/system/files/working\\_papers/w31640/w31640.pdf](https://www.nber.org/system/files/working_papers/w31640/w31640.pdf)

<sup>10</sup> <https://pitchbook.com/news/reports/2024-allocator-outlook>

<sup>11</sup> <https://www.pimco.com/en-us/insights/investment-strategies/strategy-spotlight/pimco-updates-its-2023-glide-path-for-target-date-funds/>

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